



**Both men
in this picture
are HIV+**

One of them is in control.

**He chose to get tested and know his HIV status.
Knowing your status means that you can take control
of your health and lifestyle.**

For more information go to www.metromate.org.uk/testing

All of GMFA's campaigns are designed, planned and executed by HIV positive, negative and untested volunteers. If you are interested in volunteering for GMFA, write, phone or e-mail: GMFA, Unit 43, Eurolink Centre, 49 Effra Road, London, SW2 1BZ 020 7738 6872 Registered Charity no: 1076854 newvol@gmfa.org.uk www.metromate.org.uk

Image by kobi-israel.com

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THE NATIONAL FUNDRAISER FOR HIV & AIDS

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Gay Men Fighting AIDS