



# EMPHYSEMA

# HIV

**HIV positive smokers are more likely to get emphysema than HIV negative smokers.**

Emphysema is an incurable condition. It causes the walls of the lungs to disintegrate and can occur in HIV positive smokers under the age of 40.

For more information visit [www.gmfa.org.uk/hivsmoking](http://www.gmfa.org.uk/hivsmoking)

GMFA runs free smoking cessation courses specifically for gay men which, along with nicotine treatment, have proven to be more effective in helping you stop smoking than any other smoking cessation method. To book a place, go to [www.gmfa.org.uk/stopsmoking](http://www.gmfa.org.uk/stopsmoking) Other help can be found through the NHS Smoke Free initiative at [www.gosmokefree.co.uk](http://www.gosmokefree.co.uk)

GMFA projects are developed by positive and negative volunteers. To volunteer or donate call 020 7738 6872 or go to [www.gmfa.org.uk](http://www.gmfa.org.uk). Charity number 1076854.



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