



DEMENTIA

HIV

**HIV positive smokers are more likely to develop dementia than HIV negative smokers.**

HIV positive people are more likely to develop brain degenerative illness than HIV negative people. Smoking increases this risk even further.

For more information visit [www.gmfa.org.uk/hivsmoking](http://www.gmfa.org.uk/hivsmoking)

GMFA runs free smoking cessation courses specifically for gay men which, along with nicotine treatment, have proven to be more effective in helping you stop smoking than any other smoking cessation method. To book a place, go to [www.gmfa.org.uk/stopsmoking](http://www.gmfa.org.uk/stopsmoking) Other help can be found through the NHS Smoke Free initiative at [www.gosmokefree.co.uk](http://www.gosmokefree.co.uk)

GMFA projects are developed by positive and negative volunteers. To volunteer or donate call 020 7738 6872 or go to [www.gmfa.org.uk](http://www.gmfa.org.uk). Charity number 1076854.



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