

COCK

YOU CAN GET HIV  
THROUGH YOUR

HIV can enter the  
bloodstream  
through  
the cock.



If you fuck  
without a condom,



If you get fucked without a condom,  
HIV can enter the bloodstream  
through the lining in the arse.



YOUR  
ARSE  
CAN ABSORB HIV  
LIKE A SPONGE



- ‡ **Most gay men with HIV became infected by getting fucked without a condom. This is because the thin lining of your arse is extremely efficient at absorbing HIV.**
- ‡ **Your arse does not have to be damaged or bleeding to be vulnerable to HIV. However, damage to the lining inside your arse does increase the risk of transmission.**
- ‡ **Dildos or fisting can damage the lining of your arse without you noticing, and douching (washing the inside of your arse) can cause irritation. These can make your arse even more vulnerable to infections like HIV.**
- ‡ **Having an STI can also make it easier to catch or pass on HIV. If you fuck or get fucked, using condoms is the most reliable way to prevent the transmission of HIV.**

For information on how HIV is transmitted:  
 Visit: [www.gmfa.org.uk/cocksure](http://www.gmfa.org.uk/cocksure)  
 Call: London Lesbian and Gay Switchboard, 020 7837 7324;  
 THT Direct on 0845 12 21 200.

To express your views on HIV services in London,  
 visit: [www.ergoclear.com/express](http://www.ergoclear.com/express)



‡ Some men with HIV became infected when they were the active partner and fucked without a condom. During anal sex, HIV can pass through the tissue that lines the tube you piss out of, your foreskin or the head of your cock.

‡ Your cock does not need to be damaged for HIV to get in. However, damage, like a sore or a cut, does make transmission more likely. When fucking, tiny abrasions can appear on the skin of your cock that then allow HIV in.

‡ Anal mucus, which lines the inside of your arse, can contain more HIV than cum. So if you have HIV and get fucked without a condom, you can pass the infection to your partner.

‡ Having an STI can also make it easier to catch or pass on HIV. If you fuck or get fucked, using condoms is the most reliable way to prevent the transmission of HIV.

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 GMFA projects are developed by positive and negative volunteers.  
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