



USE LUBE

'cos spit is rubbish

Condoms are more likely to break if you use spit. For a smoother and safer fucking sensation, always use a water-based or silicon-based lube.

For more information on how to use condoms and lube visit
www.metromate.org.uk/lube

All GMFA's campaigns are devised, planned and executed by positive, negative and untested volunteers. To volunteer for GMFA write, phone or email:
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Part of the London Gay Men's HIV Prevention Partnership.

 LONDON GAY MEN'S
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