



# Volunteer Role Description

## Smoking Cessation Facilitator

### **GMFA's vision and mission statement:**

**Vision** – GMFA wants a gay community where individuals are able to make informed choices about their health, and a society that embraces equality and respects the right of people to make informed choices.

**Mission** – Improving gay men's health by increasing the control they have over their own lives.

### **Role**

The co-facilitation of the approved GMFA Stop Smoking Course.

### **Specific responsibilities**

To co-facilitate GMFA's 'Stop Smoking Groups' with other GMFA facilitators according to the Nicotine Replacement Therapy model, and to adhere to the approved written course notes.

To abide by the GMFA Group Work Facilitator's Agreement.

To complete the administrative tasks attached to facilitating this course.

Volunteers are not obliged to put themselves forward for any specific facilitation commitments; however they are expected to honour any commitments that they have chosen to make.

### **Experience and Requirements**

Must be an approved GMFA facilitator.

Volunteers must be able to work productively within groups.

Facilitators must positively identify as a gay man.

Must have attended and completed the "Smoking Cessation Training and Research Programme" course.

Must be a non-smoker.

### **Authority**

Volunteers have full authority to ensure that courses are run as written during course facilitation. This authority extends to the management of the participants, their safety, and decisions regarding the welfare of the whole group.

### **Benefits**

Basic Facilitation Skills (Professional) course provided.

Experience as a group work facilitator gained.

Immediate and ongoing facilitator support, debrief and skills building.

Training on the "Smoking Cessation Training and Research Programme" course will be provided.

You will be qualified & experienced to work professionally as a Level 3 Smoking Cessation Trainer.

### **Potential Frustrations**

Facilitating courses and managing participants can require a lot of energy, and can raise personal issues for facilitators as well as participants.

The requirement to run courses as written may present challenges.

Being available one weeknight every week for seven consecutive weeks.

### **Potential Satisfactions**

Feedback from participants, co-facilitators & Project Managers

An involvement in the personal development of participants including seeing men successfully achieve their goal of quitting smoking.

Increased confidence, personal development and growth.

Possible Career development / prospects.

A sense of achievement at the end of a course from being involved in a process from beginning until completion.