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## PRESS RELEASE

### **Better Sex in a City Near You** ***Prowler Donates Sex Toys to Boost Project***

London, 11 October 2007 -- GMFA's popular Sex Course is expanding from the confines of London to teach men around the UK how to have better sex. Men in 11 cities around the UK will benefit from new sexual skills, an improved sex life and a greater understanding of how their body works.

"It's the kind of sex education you wanted but never got at school," said Matthew Hodson, GMFA's Head of Programmes. "The last time we ran the course nationally it was very popular so we've teamed up with local service providers around the country to enable us to offer it again."

The Sex Course is a one day course where you can find out how your mouth, cock, balls and arse work. The course includes hints and tips on making sex both safer and more enjoyable and will help you to explore what you want from your sex life in a non-threatening, non-judgmental and fun way.

Prowler has donated course kits for each of the participating cities which include dildos, cock-rings and lube. They've also provided discount vouchers for every participant so that they can make the most of their new skills.

The courses will be run by both GMFA and trainers from local gay charities and healthcare services including: The Sheffield Centre for HIV & Sexual Health, Southampton Gay Community Health Service, Yorkshire MESMAC, THT, The Eddystone Trust, The Armistead Project and LGF.

“We are delighted to be working on this exciting and innovative project with GMFA,” said Steve Slack, Director of The Sheffield Centre for HIV & Sexual Health. “It is vital that men across the UK are better informed about sex and sexual practices, allowing them to make healthier choices whilst at the same time having fun and the ability to discuss such issues with other men.”

All of GMFA's courses and workshops are free of charge to participants but places are limited and must be booked in advance. To book a place, go to [www.gmfa.org.uk/national](http://www.gmfa.org.uk/national) or call 020 7738 6872.

The Sex Course is a one day course which takes place on Saturday from 10am to 5pm. Full list of dates for the Sex Course are:

Sheffield	10 November 2007
Southampton	10 November 2007
Newcastle	17 November 2007
Brighton	17 November 2007
Plymouth	24 November 2007
Liverpool	24 November 2007
Cardiff	24 November 2007
Birmingham	08 December 2007
Bristol	08 December 2007

Manchester            15 December 2007  
Leeds                    15 December 2007

GMFA's National Sex Course is funded by CHAPS.

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For more information about this or any other of GMFA's campaigns and actions, contact:

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### **Notes to Editor**

#### **About GMFA:**

GMFA was established in 1992 and is the UK's leading charity dedicated to gay men's health. GMFA's mission is to improve gay men's health by increasing the control they have over their own lives. We believe that the best health promotion for gay men comes from gay men themselves, and so we use the knowledge and ideas of our 170 volunteers (most of them gay men) to design and plan our thought provoking sexual health interventions. Yearly we deliver three new mass media campaigns in the gay press to disseminate up to date information regarding HIV and STIs to the gay male community. Independent surveys have concluded that our campaigns reach up to 55% of the London gay population and we are the most reliable agency at reaching gay men. In addition to this we distribute our own health magazine, FS, free to London's gay bars and clubs to further educate gay men about relationships, their bodies, general health and STIs. Annually, we deliver 1000 hours of group work to educate gay men in safer sex, and over the last fourteen years have provided courses for over 10,000 gay men. We have recently launched two new websites containing information for gay men on sex and sexual health ([www.gmfa.org.uk/sex](http://www.gmfa.org.uk/sex)) and details of sexual health services available for gay men in London ([www.gmfa.org.uk/londonservices](http://www.gmfa.org.uk/londonservices)). Over the next couple of months we intend to launch websites for HIV positive gay men and a gay sports and social groups site. All of our sites can be accessed at [www.gmfa.org.uk](http://www.gmfa.org.uk).